



EARLY START & LUNCH ON THE GO

Whether you're exploring our beautiful surroundings and lunchtime will find you far from the nearest cafe, or you're going home and want something better than a service station snack, the team is on hand to ensure that you'll be well fed. Please fill in one card per order, indicating the number of each item required.

Then just hand it to any of the team the night before. Your freshly-prepared lunch will be ready for you when you head out.

Early Start Breakfast Please indicate the number of you would like:

| | | | | | |
|-------------------------|----------------------|-----------------------|----------------------|------------------|----------------------|
| | No. | | No. | | No. |
| Butter Croissants £2.70 | <input type="text"/> | Fruit 'n' Fibre £3.50 | <input type="text"/> | Whole Milk £0.50 | <input type="text"/> |
| Jam £0.50 | <input type="text"/> | Muesli £3.70 | <input type="text"/> | Semi £0.50 | <input type="text"/> |
| Toast £2.50 | <input type="text"/> | Corn Flakes £3.50 | <input type="text"/> | Skimmed £0.50 | <input type="text"/> |
| Cheese £0.50 | <input type="text"/> | Crunchy Nut £3.70 | <input type="text"/> | Soya £0.50 | <input type="text"/> |
| Ham £0.50 | <input type="text"/> | Coco Pops £3.50 | <input type="text"/> | Oat £0.50 | <input type="text"/> |
| | | Fruit Yogurt £ 2.50 | <input type="text"/> | | |
| | | Natural Yogurt £2.50 | <input type="text"/> | | |

Please indicate the number of you would like:

Sandwiches

| | | | |
|--|----------------------|----------------------|-------|
| Smoked Scottish salmon, cream cheese: £9.50 | <input type="text"/> | <input type="text"/> | on |
| Chicken, pesto mayonnaise, tomato: £9.50 | <input type="text"/> | <input type="text"/> | brown |
| Free range egg mayonnaise, tomato (V): £7.50 | <input type="text"/> | <input type="text"/> | |
| Cheese Ploughmans (V): £7.50 | <input type="text"/> | <input type="text"/> | |

Fresh Fruit, £1

No.

- Banana**
- Apple**
- Orange**

Crisps, £1

No.

- Ready Salted**
- Cheese & Onion**
- Salt & Vinger**

Treats, £1

No.

- Mars**
- Bounty**
- Muesli Bar**

Cold Drinks, £2.50

No.

| | | | |
|----------------------|------------------------|----------------------|------------------|
| <input type="text"/> | Still Water, 500ml | <input type="text"/> | Coke, 330ml |
| <input type="text"/> | Sparkling Water, 500ml | <input type="text"/> | Diet Coke, 330ml |
| <input type="text"/> | Apple Juice, 200ml | <input type="text"/> | Fanta, 330ml |
| <input type="text"/> | Orange Juice, 200ml | <input type="text"/> | Sprite, 330ml |
| <input type="text"/> | lrn-Bru, 330ml | | |
| <input type="text"/> | Diet lrn-Bru, 330ml | | |
| <input type="text"/> | Appletizer, 330ml | | |

When would you like it to be ready for collection from Reception?

Date:

Time:

Signature:

Name:

Suite:

Office Use Only, total charge:

Do you have allergies or other dietary requirements? Our team would be happy to guide you through the options, and explain our ingredients in detail. (V) = vegetarian, (N) = contains nuts, (M) = contains mollusks, (GF) = gluten free, (DF) = dairy free.

None of our dishes contain alcohol.